



Author: Richard White

Category: Memoir

Publisher: Whispers in the Dark Press

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# Author Bio

Richard White is a passionate poet and storyteller whose words resonate with raw emotion and profound insight. With a background shaped by personal struggles and hard-won triumphs, Richard channels his lived experience into powerful poetry and prose that explore the complexities of mental health, love, loss, trauma, and resilience. His writing serves as both a cathartic outlet and a beacon of inspiration for others navigating their own battles.

A relentless seeker of tranquility, Richard believes deeply in the transformative power of language to heal and connect. His debut collection, ***Pages Full of Memories***, along with subsequent works such as ***Shattered Glass***, ***Speaking to My Depression***, and ***Whiskey and the Autumn Wind: A Collection of Poems in the Hemingway Tradition***, reflect his unwavering commitment to authenticity, vulnerability, and emotional truth. His upcoming memoir, ***The Quiet After the Sirens***, offers a raw and introspective look into the world of EMS and the lasting echoes of trauma—an intimate portrait of survival and the search for peace after chaos.

When he's not writing, Richard enjoys engaging with fellow creatives and sharing his passion for poetry and storytelling. His mission is to foster genuine connection through the written word and to encourage others to embrace their own stories with courage and honesty. Join him as he navigates the landscapes of the heart and soul—one poem, one memory, one truth, one story at a time.



## Richard E. White





# Book Bio

Step into a world where the crackle of a fire meets the hush of falling leaves, and the burn of good whiskey softens the sharp edges of memory. In this poignant collection, the spirit of Hemingway weaves through each verse, guiding readers on a reflective journey through love, loss, aging, and the quiet dignity of solitude.

With language as crisp as an autumn morning and emotions as deep as a glass of well-aged bourbon, these poems capture fleeting moments and eternal truths. From the scent of smoke on the wind to the ache of unspoken goodbyes, each piece invites introspection and reverence for life's simple, aching beauty.

Perfect for lovers of traditional poetry, meditative prose, and the raw, honest heart of classic literary tradition, *Whiskey and the Autumn Wind* is more than a book—it's a fireside companion for the soul.

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# Reviews

I didn't just read Whiskey and the Autumn Wind... I sipped it slowly, like a fine bourbon by a crackling fireplace on a chilly autumn night. Every poem feels like a warm hug from Hemingway himself, whispering about love, loss, and those quiet, soul-stirring moments we rarely put into words.

Richard paints with emotions the way autumn paints the trees, bold, rich, and unforgettable. Some pieces made me nostalgic, some made me reflective, and a few made me want to grab a glass of whiskey just to match the vibe.

If you love poetry that makes you feel, if you crave writing that lingers like the smooth burn of good bourbon, this collection is for you. Hemingway would raise a glass to this one, and so do I.

Richard, keep writing. The world needs more of this magic.  
~ Thompson (Goodreads)

I've been sober for four years, and I was hesitant to pick up a book that celebrates whiskey so prominently. But I'm glad I did. The whiskey here isn't glorified, it's symbolic. It represents memory, aging, ritual, and the way we try to hold on to the fleeting. There's a beautiful honesty to the way the poet uses drinking as a lens through which to explore love and loss. These aren't poems about indulgence; they're about presence. About sitting still with your past and finding peace in it. One poem in particular, about a man 'toasting to the ghost of better days,' hit home. This book is not about drinking, it's about remembering, and letting go, and coming to terms with what remains.

~Leila Hoover (GoodReads)

These poems found me at a time when I needed them. They're about aging, loss, memory, but in a way that's never heavy-handed. I cried at one, laughed softly at another, and closed the book feeling more grounded than when I started.

Juliette (GoodReads)





# Target Audience



## WHO SHOULD READ

- **Lovers of contemplative poetry.**  
Those who seek verse that sits quietly with loss and memory, speaking in amber light and savoring the slow burn of reflection rather than flash.
- **Readers who walk between seasons.**  
People drawn to works that map inner landscapes with the changing weather — autumn as metaphor for transition, letting go, and survival.
- **Veterans of life's hard edges.**  
Anyone who knows grief not as drama but as deep, slow work — readers who appreciate poems that honor what stays when warmth fades.
- **Regional readers with ties to New England and the Northeast.**  
Readers who feel the seasons as more than weather — as old friends and teachers — and who carry the landscapes of Vermont and upstate New York rhythms in their bones.

## BOOK BENEFITS

- A gentle place to set grief down
- Reflection without spectacle
- Seasonal wisdom (Autumn and Winter become the teacher)
- Offers Emotional Catharsis
- Emotional companionship
- Accessibility without dilution



# Book Excerpt

## The Whiskey Wind

The wind in autumn takes its turn,  
With every gust, the leaves do burn.  
“Come,” it whispers to the trees,  
“Let go, give in, to me, release.”

The whiskey laughs, it knows the way,  
How all things fade, how none can stay.  
It clinks against the crystal rim,  
A song of fate, both full and grim.

The reds and golds, the amber fire,  
Of whiskey and the leaves’ desire,  
Entwine with wind, a dance of death,  
As nature draws her final breath.

And as I watch the autumn fall,  
The whiskey tells me, after all,  
That even wind, so wild and free,  
Will someday still, as all must be.

So sip the amber, feel the breeze,  
And watch the dying of the trees.  
For in their hues, the truth is told—  
That all things fade, and all grow cold.

## The Aftertaste of Years

I sip the bourbon, rich and pure,  
Its warmth, a balm I can’t ignore.  
Yet on the tongue, the aftertaste,  
Reminds me of the time I’ve chased.

The harvest’s done, the fields are bare,  
The wind is crisp with biting air.  
But in the glass, a world remains,  
Of summers lost, and autumn’s gains.

The warmth it brings, it dulls the chill,  
But deeper still, the heart grows still.  
For all this comfort, all this heat,  
Can’t chase away the cold defeat.

In autumn’s wind, the taste lingers long,  
A fleeting warmth before it’s gone.

# Interview Questions

1

In what ways has your poetry helped you as a writer?

2

How long have you been writing?

3

What is the purpose of your writing?

4

What are some ways to find your books?

5

Where is your favorite place to write?

6

What was the most difficult part of writing this collection of poetry?

7

Who inspired you to write this collection?

8

What are your plans as an author in the future?

9

What does "Whiskey and the Autumn Wind" mean to you personally?

10

How do you shuffle a FT Job, Master's program and writing?

11

How many books have you written? Favorite?

12

How do you build trust in your readers?

13

What do you hope readers walk away with after finishing this book?

14

How has writing this story contributed to your healing Journey?

15

Do you interact with your audience?

16

How do you market your books?

17

What do you like to do when you are not writing?

18

What does your family think about you being an author?

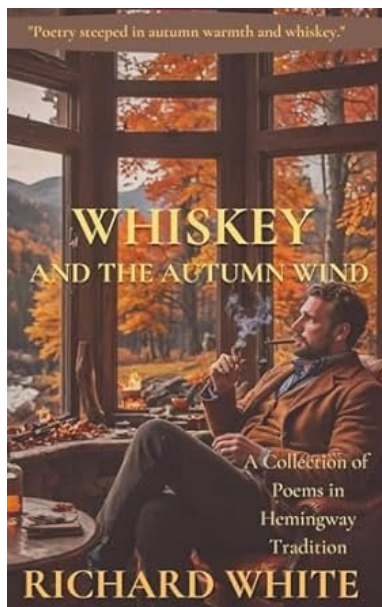
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Do you hear from your readers?

20

What would you say to other poets sharing their work?

# STORY IDEAS FOR REPORTERS:



## 1. Poetry of the Working Man's Silence

*How these poems give voice to men who were never taught to grieve aloud—where winter, memory, and whiskey become a language of survival.*

## 2. From Autumn Warmth to Winter Reckoning

*The emotional and seasonal arc between Whiskey and the Autumn Wind and Whiskey and the Winter Wind, tracing how loss ripens in fall and hardens into clarity in winter.*

## 3. Hemingway's Ghost in Contemporary Verse

*An exploration of restraint, minimalism, and quiet masculine vulnerability in modern American poetry.*

## 4. The Rise of Quiet Masculine Poetry

*Why readers are turning toward strength without noise, emotion without spectacle, and truth delivered in stillness.*

## 5. Whiskey as Symbol, Not Escape

*The glass as ritual, witness, and memory—less about drinking, more about remembering and enduring.*

## 6. Betrayal Without Bitterness

*A rare poetic approach to broken trust that avoids revenge and melodrama, choosing instead cold clarity and reflection.*

## 7. Nature as Emotional Landscape

*Autumn leaves, winter snow, and firelight used as emotional cartography—mapping grief, endurance, and renewal through season.*

## 8. Why Men Are Returning to Poetry

*Veterans, first responders, laborers, and working-class readers rediscovering poetry that speaks in plain, honest language.*

## 9. Solitude in the Age of Noise

*While the modern world shouts, these poems sit beside a quiet fire—offering stillness as resistance to cultural saturation.*

## 10. Rebuilding the Self After Loss

*Not memoir, not confession, but reconstruction—how poetry becomes a blueprint for standing again after betrayal and silence.*



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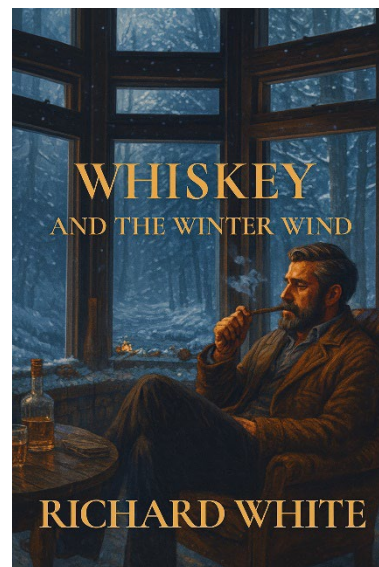
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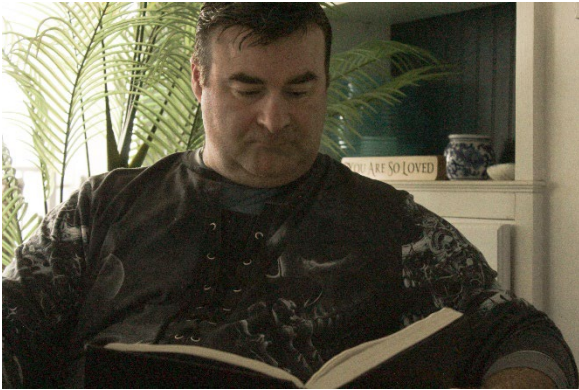


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